



LSN HCBS UPDATE

An Update on Federal and State HCBS Issues

Below is an update on federal and state HCBS issues that LSN would like you to be aware of.

Adult Day Update

- **Adult Day Centers using Nintendo Wii for Therapy and Fun.** The staff at many Adult Day Centers are saying that the [Nintendo Wii](#) video game system has become not only a source of fun and entertainment for participants at their center, but also a form of physical therapy. The adult day participants wave a wireless controller that directs the actions of animated athletes on the screen. Using the Wii's "Sports" game, the players are able to put themselves in the middle of tennis, golf, baseball, bowling, and boxing without leaving the day room or their wheel chairs. Many of the participants at the adult day centers played these sports in their younger years.

For patients who have experienced strokes or have developmental disabilities, using the Wii can help develop gross motor coordination. For people who use wheelchairs, it can help develop range of motion while in the chair and for more ambulatory adults, it is a way to develop more fine hand-eye coordination. Another use for the Wii was in helping people with cognitive disabilities. This activity helps fine tune memory and attention span. The Wii is fun and encourages people to enjoy their day together at the adult day center.

During a recent legislative visit hosted by **Ms. Tami Foster, Adult Day Services Program Director, and staff at Addus Evergreen Club Adult Day in Springfield, Ms.** Foster told State Representative Raymond Poe about how the center participants enjoy the Wii and use it for activities. Other LSN member types are also using a Wii for resident activities and exercise as well.

- **LSN HCBS Members Host Legislative Visits During National Adult Day Services Week!** Two LSN HCBS members hosted their legislators recently, during National Adult Day Services Week. The visits were two of 130 total visits that have taken place at LSN member communities since the "Partners in Quality" campaign began in the spring of 2006.

Ms. Tami Foster, Program Director of Addus Adult Day Services Center in Springfield, and staff recently hosted State Representative Raymond Poe (R-99th District; Springfield) for a great visit. Tammy and staff already have a solid relationship with the representative and he is very familiar with the Center as well as the importance of adult day services. "I've always supported adult day and increased funding for these services," said Rep. Poe during the visit. Also attending the visit was **Mr. Larry Smith, Home Health Agency Director for Addus** in Springfield and **Ms. Kim Cox, Regional Director of Addus**. Jason Speaks represented LSN at the visit.

LSN gives **Special Thanks** to Addus Adult Day and Cherished Place for a job well done in inviting their legislators in and educating them on adult day. **If you too would like to host your legislators, contact LSN in Springfield at 217.789.1677.**